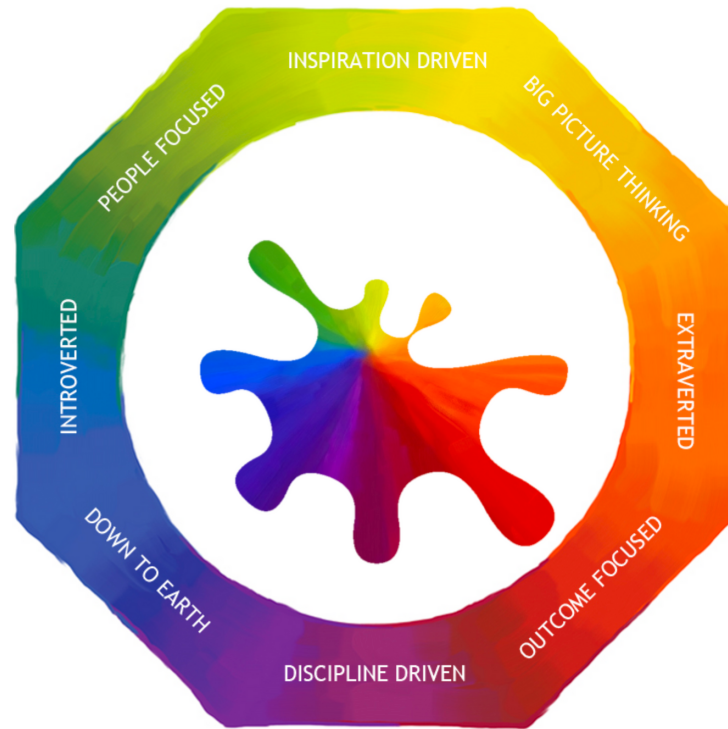


# LUMINA SPARK COACHING



## Discover your personas through coaching

Lumina Spark provides a personalised portrait of your whole personality. It speaks directly to people, providing a report uniquely about them as individuals - not about the people who are similar to them. The model is simple to understand, yet contains great depth by directly measuring 72 personality qualities.

- Lumina Spark reveals your whole personality:
  - Underlying persona - your instinctive way of being, your preferences and your natural inclinations
  - Everyday persona - how you behave day-to-day, tuning up and down your qualities contextually
  - Overextended persona - when you do too much of a good thing and overlay your strengths

**FOR INDIVIDUALS | FOR TEAMS**

**THE SPARK COACH TOOL IS INCLUDED WITH ALL LUMINA SPARK ASSESSMENTS**

## Coaches

Claire Debney & Emma Sharpe (from The MOSAIC Collective (a sister company)  
Certified Lumina Spark Practitioners

## Where

Worldwide.

Depending on location, coaching can be in-person. Most likely it will take place virtually and is available anywhere in the world. We do this using Zoom.

## When

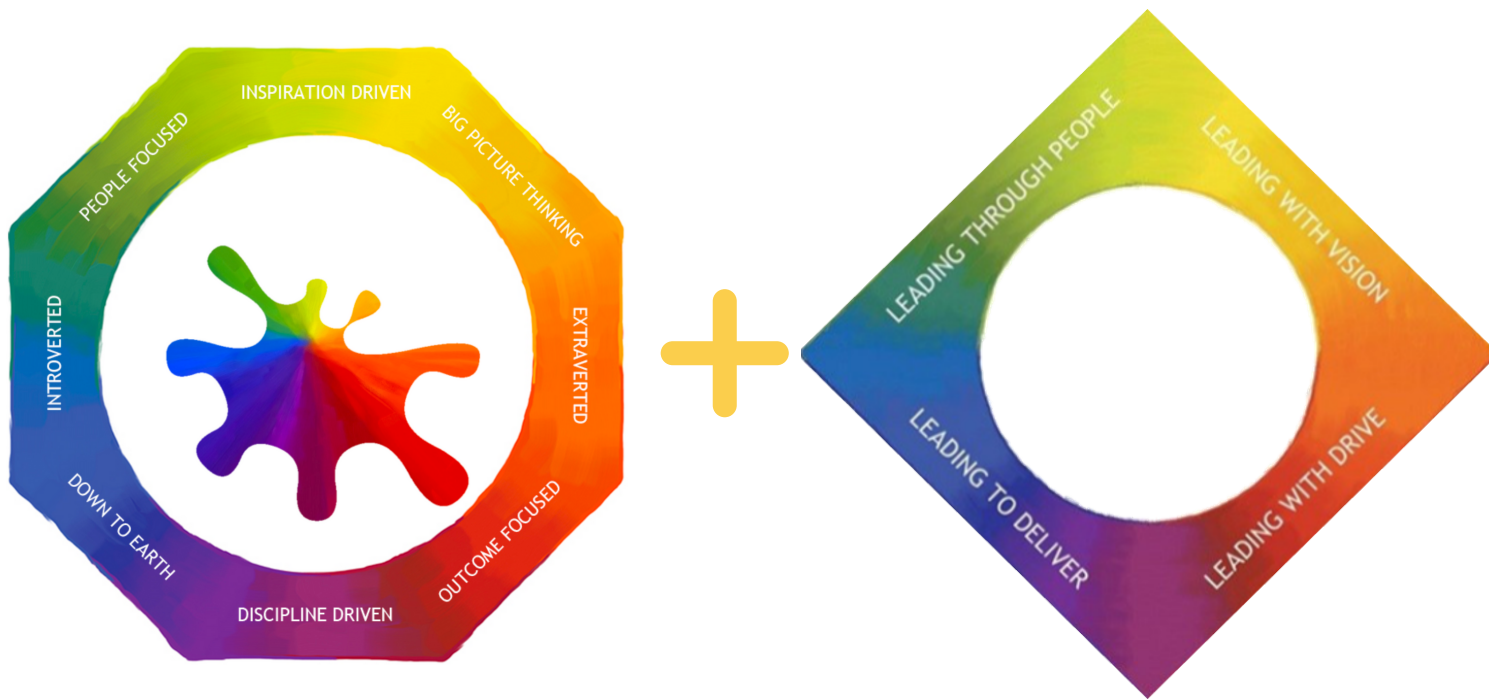
Anytime by appointment with your coach

## Cost

From £500 for individual assessment and 1 hour -coaching session to review your report. Further sessions charged at £400 p/h. Fees exclude VAT where applicable. Includes the Spark Coach tool



# LUMINA LEADER



## Discover your leadership competencies

Lumina Leader increases participants' awareness of their own unique leadership style and shows them how to lead naturally and with authenticity.

It is focused on four balanced domains of leadership:

- Leading with Drive,
- Leading to Deliver,
- Leading through People, and
- Leading with Vision.

Peer feedback with the optional Lumina Leader 360 review gives leaders the opportunity to see themselves through others' eyes and observe the real impact of their leadership style.

To complete a Lumina Leader assessment, you first need to take the Lumina Spark assessment. Lumina Spark comes with Spark Coach, a personalised dynamic online development tool customised to your individual results.

## Coach

Claire Debney  
Certified Lumina Leader Practitioner

## Where

Worldwide.  
Depending on location, coaching can be in-person. Most likely it will take place virtually and is available anywhere in the world. We do this using Zoom.

## When

Anytime by appointment with your coach

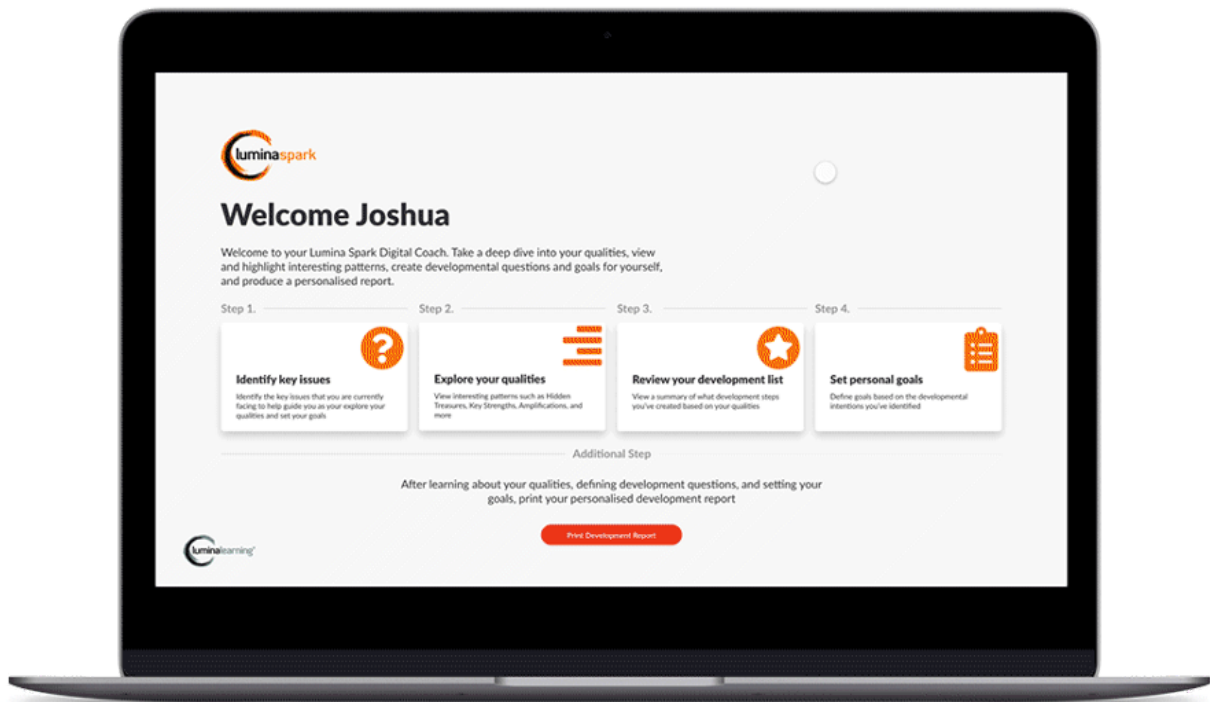
## Cost

Contact us to discuss your needs as cost will vary depending on whether you do Lumina Leader or Lumina Leader 360+





# SPARK COACH



**Spark Coach** empowers your individuality by putting personal development into your own hands. Self-awareness is important, but not sufficient, to create lasting change.

With the Spark Coach tool, you can have a more interactive and impactful experience than ever before. You can use the tool to explore and play with personality, embedding and growing your learning. It's effortlessly virtual. It works for you as an individual and for your team.

At the push of a button you and your team have access to self-driven, deeper learning that lasts long after the coaching sessions. Spark coach gives individuals four key steps to their development journey.

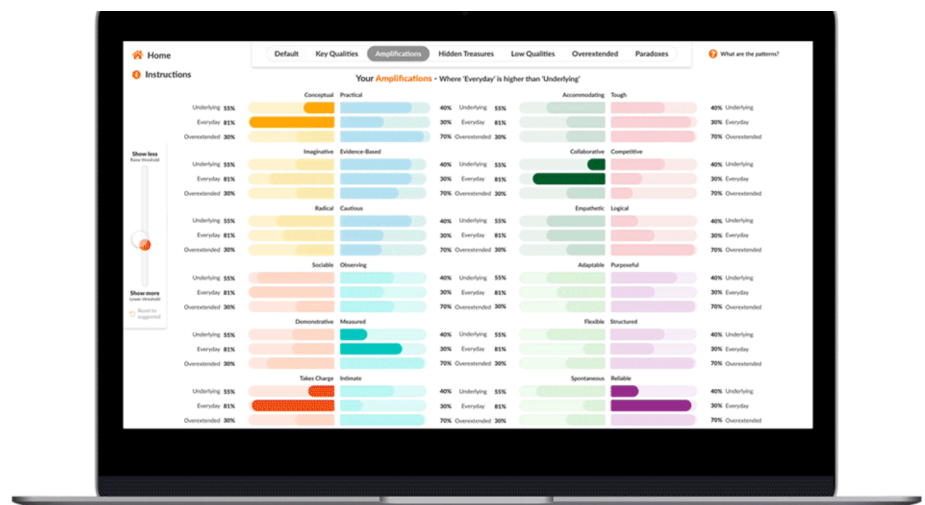
- Key areas of focus
- Exploring qualities
- Review coaching questions
- Set personal goals

It will work seamlessly alongside any personal development plan. Any time. Anywhere. Any size team. .

**FOR INDIVIDUALS | FOR TEAMS**  
**INCLUDED WITH ALL LUMINA SPARK ASSESSMENTS**



# SPARK COACH



## Patterns of Personality

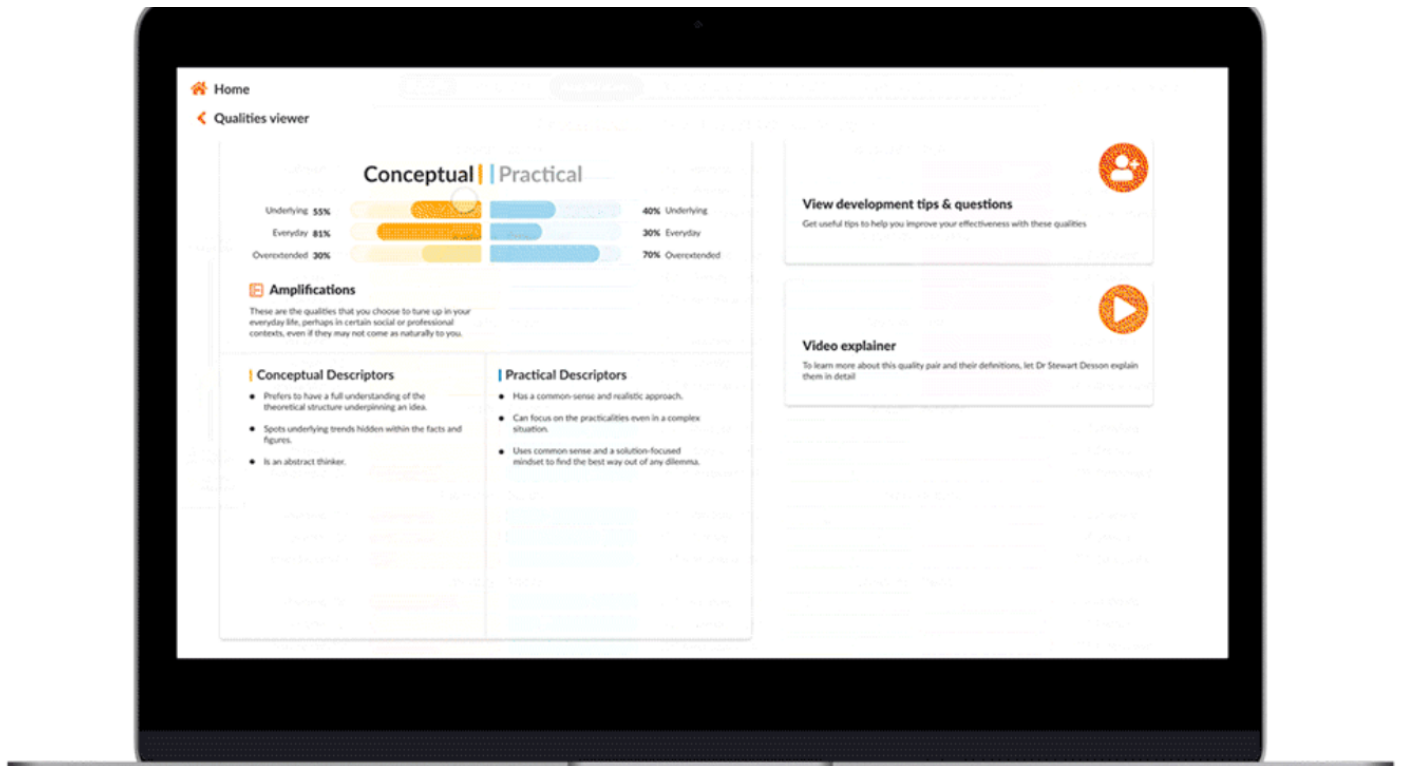
Animated exploration of your personal quality patterns

- Amplifications
- Hidden Treasures
- Paradoxes and more
- **Visual & Interactive** – Reflect strengths and areas for development
- Uses **smart data and simple language** with easy-to-understand, relatable and precise meaning

**FOR INDIVIDUALS | FOR TEAMS**  
**INCLUDED WITH ALL LUMINA SPARK ASSESSMENTS**



# SPARK COACH



## Discovery Coaching Questions & Personalised Coaching Guide

- **Enables**
  - Focus on key development areas based on who they truly are
  - Taking ownership of their own development
- **Supports**
  - Articulation of key goals
  - Identification of blockers
  - Achievement of goals using GROWS
- **Offers**
  - With its Personalised Coaching Guide, direction and support whenever it's needed. Your coach can review your Coaching Guide before your session, a workshop or feedback session.
  - Choice to share this with your manager
  - Online dynamic tool that can help with improving your self-awareness, relationships - how you interact with others - and form part of your personal development plan.
  - Combine this with Lumina Leader 360+ to prepare you or your team for your or their next career move.

**FOR INDIVIDUALS | FOR TEAMS**  
**INCLUDED WITH ALL LUMINA SPARK ASSESSMENTS**